

Fresh Peach Smoothie

Ingredients:

2 fresh California Peaches, pitted & sliced
1 cup low-fat vanilla frozen yogurt
¼ cup low-fat milk
2 teaspoon vanilla extract
1/8 teaspoon cinnamon
2 vanilla wafer cookies, crumbled



Directions:

Puree all ingredients except cookies in blender until smooth. Pour into chilled glasses and top with cookie crumbles.